

# Triple Jump

FSW41200



The Triple Jump is a simple yet versatile device. With three different step heights and a slip-resistant surface, it provides a challenge for users of all sizes and fitness levels. It is ideal for various types of cardio-stepping and a wide range of lower-body strength exercises.

|                             |                                                                                     |
|-----------------------------|-------------------------------------------------------------------------------------|
| Item no. FSW41200-0001      |                                                                                     |
| General Product Information |                                                                                     |
| Dimensions LxWxH            | 114x120x74 cm                                                                       |
| Age group                   | 13+                                                                                 |
| Capacity (users)            | 3                                                                                   |
| Colour options              |  |



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All KOMPAN fitness products are compliant with the ASTM F3101 & EN16630 Outdoor Fitness Standards. Load tests are performed as a static test by adding dynamic factors as well as safety factors to the specified load of 78kg per user. A product intended for 1 user is loaded with 420kg.

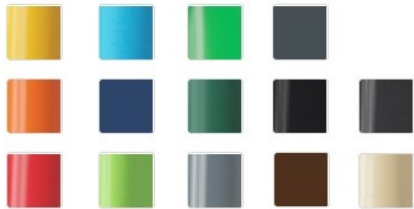


The information sign is made of a PA6 (Polyamide) and shows the most relevant exercise and a QR code. When scanned the QR code will link to an animated illustration of the exercise and offers the possibility of downloading the KOMPAN sport & fitness App, which will provide a large amount of exercises and workouts.

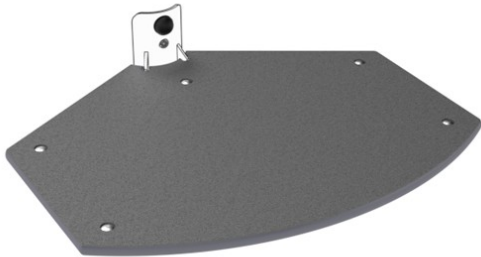


Post are made of Ø101.6 x 2mm, pre-galvanized carbon steel and powder coated, a great protection to all conditions.

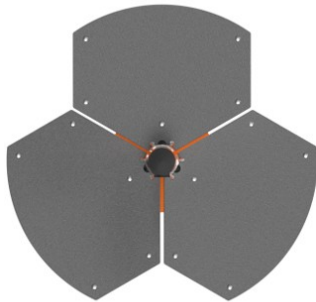
|                          |           |
|--------------------------|-----------|
| Item no. FSW41200-0001   |           |
| Installation Information |           |
| Max. fall height         | 60 cm     |
| Safety surfacing area    | 14.5 m²   |
| Total installation time  | 4.2 hours |
| Excavation volume        | 0.00 m³   |
| Concrete volume          | 0.00 m³   |
| Footing depth (standard) | 0 cm      |
| Shipment weight          | 134 kg    |
| Anchoring options        | Surface   |
| Warranty Information     |           |
| Post                     | 10 years  |
| Hot dip galvanised steel | Lifetime  |
| CircularHDPE             | Lifetime  |
| Spare parts guaranteed   | 10 years  |



KOMPAN fitness products are standard available in Orange, Anthracite, Medium Grey, Dark Grey, Dark Blue, Light Blue, Yellow, Red, Black, Dark Green, Lime, Medium Green, Beige and Brown. All other RAL colours are available on request. It will always be possible to match the surroundings or colour theme!



The top plate for the jumping platform is made of Ekogrip® panels that consist of a 15 mm polyethylene bottom layer, with a 3 mm top-layer of thermoplastic rubber with a non-skid effect for safe jumping exercises under all-weather circumstances.



The triple jump platform integrates three jump heights at 20, 40 and 60 cm into one compact structure, delivering multiple training options while minimizing the overall footprint.

**EN**  
**16630**  
compliant

# Sustainability Data

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## Independent review certificate

Kompan A/S  
C. F. Tietgens Blvd. 32C, 5220 Odense SØ

Bureau Veritas hereby attests that the CO<sub>2</sub>e-calculations (covering materials, processing, waste and transport) done by Kompan for "Fitness", meet the requirements set by the listed standard.

Kompan A/S uses a selection of EPDs and emission factors from the Life Cycle Assessment database Ecoinvent 3.11. These values are reported as kg CO<sub>2</sub>e, with all other impact categories excluded in line with the scope of ISO 14067:2018. The emission factors cover, material use, manufacturing processes, transport to Kompan, and electricity used during manufacturing. The presented emissions fall under GHG Protocol scope 3 emissions. Scope 1 and 2 are not presented. Scope 3 emissions include emission sources in the upstream value chain of a company, downstream emissions are excluded in this analysis.

Method: ISO 14067:2018 using GHG protocol guidance documents, reported as kg CO<sub>2</sub>e.

### Object

The verification has been done on the one paper "FAZ10100-0900" version: 27-10-2025. The supporting documentation "KOMPAN data\_updated emissions factors\_2025\_V2" and "Emissions factors, EPD's and ecoinvent 3.11\_2025" was also reviewed and approved.

### Declaration

The review has been completed as a critical review with a limited assurance. I hereby confirm that nothing has come to the reviewer's attention which would lead to conclude that the study does not give an accurate depiction or isn't completed following method of the CO<sub>2</sub>e calculation, the requirements of ISO 14067:2018, and 14071:2024, in the above referenced documentation.

**Note:** This verification only covers calculation elements according to method described in ISO 14067:2018 and may not be seen as a Life Cycle Assessment according to ISO 14067:2018.

Ref.: Kompan\_Verification report 2025, 28-10-2025  
Date of certificate: 29-10-2025  
Expire date: 29-10-2027

Verified by: Julie Marie Vejsgaard Larsen, Environmental Auditor

Signature:



| Cradle to Gate A1-A3 | Total CO <sub>2</sub> emission | CO <sub>2</sub> e/kg    | Recycled material |
|----------------------|--------------------------------|-------------------------|-------------------|
|                      | kg CO <sub>2</sub> e           | kg CO <sub>2</sub> e/kg | %                 |
| FSW41200-0001        | 442.93                         | 4.29                    | 41.90             |

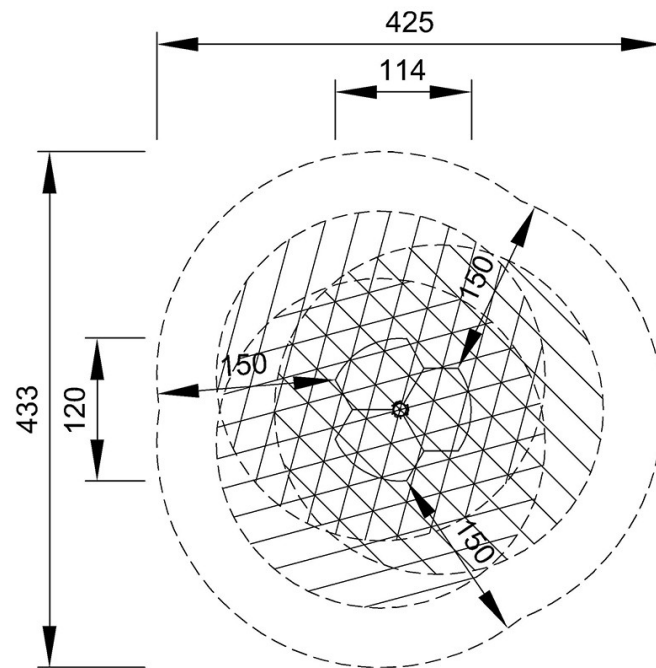
The overall framework applied for these factors is the Environmental Product Declaration (EPD), which quantifies "environmental information on the life cycle of a product and enable comparisons between products fulfilling the same function" (ISO, 2006). This follows the structure and applies a Life-Cycle Assessment approach to the entire Product stage from raw material through manufacturing (A1-A3))

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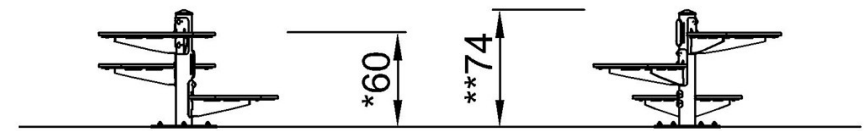
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\* Max fall height | \*\* Total height | \*\*\* Safety surfacing area

\* Max fall height | \*\* Total height



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\*60cm  
\*\*74cm  
\*\*\*14.5m<sup>2</sup>



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[Click to see SIDE VIEW](#)