

Assisted Step

FSW222



Item no. FSW22200-0902

General Product Information

Dimensions LxWxH	151x44x118 cm
Age group	13+
Capacity (users)	1
Colour options	



See KOMPAN Fit app for more

The step is probably the most simple and versatile device available. The step-up exercise is an essential exercise that can be used for both strength, posture control and cardio exercise. For accommodating the balance and safety challenges for elderly people, the step is complimented with a support rail.



Assisted Step

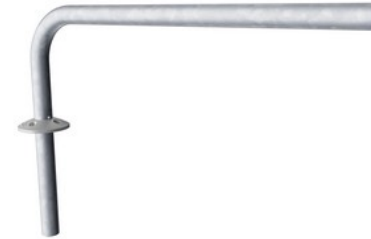
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The information sign is made of a PA6 (Polyamide) and shows the most relevant exercise and a QR code. When scanned the QR code will link to an animated illustration of the exercise and offers the possibility of downloading the KOMPAN sport & fitness App, which will provide a large amount of exercises and workouts.



The connectors are made of die-cast aluminium, specially alloyed for the outdoor environments and heavy usage. The screws attaching the connectors are stainless steel and protected by zinc washers.



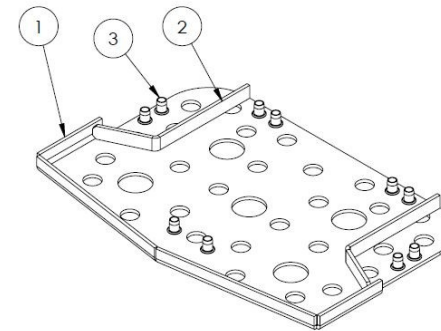
Handrail intended as grips during exercises are made of hot-dip galvanised steel $\varnothing 38\text{mm}$, a great diameter for a good grip and to support the wrist. The height of the handrail is 940mm from the top of the HPL plate. The distance between the rails is 900mm.



The half ball is $\varnothing 500 \times 250$. The material is SBR granular rubber, recycled SBR (Styrene Butadiene Monomer, Synthetic Rubber) UV stabilised to a maximum without use of heavy metal stabilisers, for optimal grip during jumping and step on step off exercises under all weather circumstances.



Post are made of $\varnothing 101.6 \times 2\text{mm}$, pre-galvanized carbon steel and powder coated, a great protection to all conditions.



A 5 mm hot-dip galvanised carbon steel plate must be moulded inside the SBR to offer optimal stability and optimize the mounting of the step to the frame.

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Installation Information	
Max. fall height	20 cm
Safety surfacing area	12.3 m ²
Total installation time	2.7 hours
Excavation volume	0.18 m ³
Concrete volume	0.12 m ³
Footing depth (standard)	90 cm
Shipment weight	95 kg
Anchoring options	In-ground ✓ Surface ✓
Warranty Information	
Hot dip galvanised steel	Lifetime
Post	10 years
Connectors	10 years
SBR rubber	2 years
Spare parts guaranteed	10 years





Independent review certificate

Kompan A/S
C. F. Tietgens Blvd. 32C, 5220 Odense SØ

Bureau Veritas hereby attests that the CO₂e-calculations (covering materials, processing, waste and transport) done by Kompan for "Fitness", meet the requirements set by the listed standard.

Kompan A/S uses a selection of EPDs and emission factors from the Life Cycle Assessment database Ecoinvent 3.11. These values are reported as kg CO₂e, with all other impact categories excluded in line with the scope of ISO 14067:2018. The emission factors cover, material use, manufacturing processes, transport to Kompan, and electricity used during manufacturing. The presented emissions fall under GHG Protocol scope 3 emissions. Scope 1 and 2 are not presented. Scope 3 emissions include emission sources in the upstream value chain of a company, downstream emissions are excluded in this analysis.

Method: ISO 14067:2018 using GHG protocol guidance documents, reported as kg CO₂e.

Object

The verification has been done on the one paper "FAZ10100-0900" version: 27-10-2025. The supporting documentation "KOMPAN data_updated emissions factors_2025_V2" and "Emissions factors, EPD's and ecoinvent 3.11_2025" was also reviewed and approved.

Declaration

The review has been completed as a critical review with a limited assurance. I hereby confirm that nothing has come to the reviewer's attention which would lead to conclude that the study does not give an accurate depiction or isn't completed following method of the CO₂e calculation, the requirements of ISO 14067:2018, and 14071:2024, in the above referenced documentation.

Note: This verification only covers calculation elements according to method described in ISO 14067:2018 and may not be seen as a Life Cycle Assessment according to ISO 14067:2018.

Ref.: Kompan_Verification report 2025, 28-10-2025
Date of certificate: 29-10-2025
Expire date: 29-10-2027

Verified by: Julie Marie Vejsgaard Larsen, Environmental Auditor

Signature: 



Cradle to Gate A1-A3	Total CO ₂ emission	CO ₂ e/kg	Recycled material
	kg CO ₂ e	kg CO ₂ e/kg	%
FSW22200-0902	225.20	3.31	66.80

The overall framework applied for these factors is the Environmental Product Declaration (EPD), which quantifies "environmental information on the life cycle of a product and enable comparisons between products fulfilling the same function" (ISO, 2006). This follows the structure and applies a Life-Cycle Assessment approach to the entire Product stage from raw material through manufacturing (A1-A3))

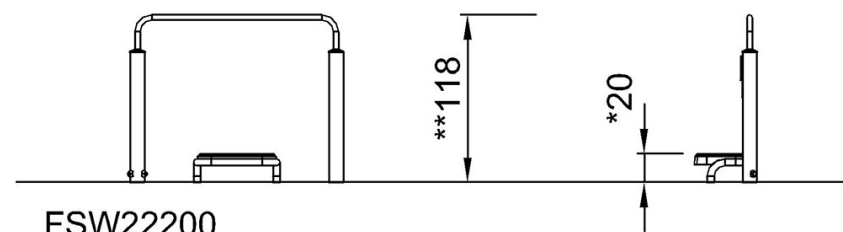
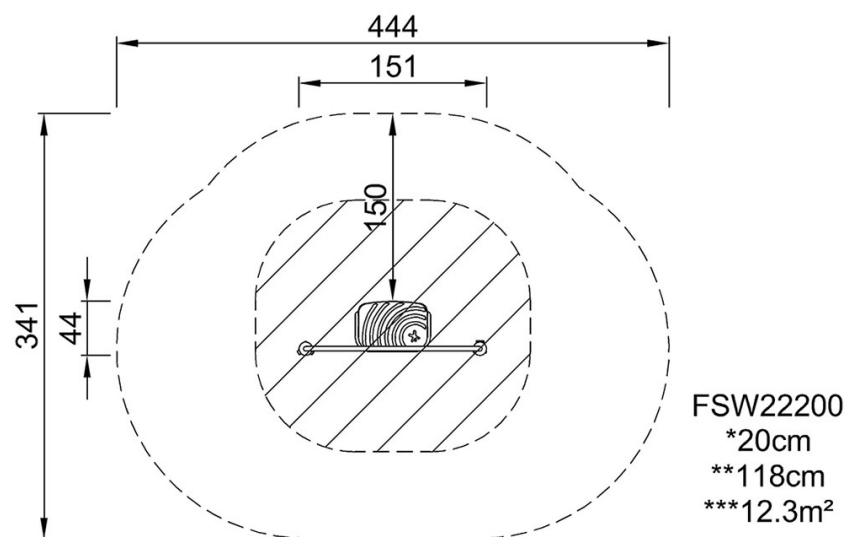
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* Max fall height | ** Total height | *** Safety surfacing area

* Max fall height | ** Total height



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[Click to see SIDE VIEW](#)